



19. Rennsteig-Staffellauf

Blankenstein bis Hirschel / 24.06.2017

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Thüringer Landespolizei

□□□: 13:49:13

□□: 110

□□: 12.16 km/h

□□□□: 4:55 min/km

□□: 168.90 km

Blankenstein-Hirschel

□□□□□: 39 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 30(of 150)

Männerstaffel

□□□□□□□: 10:53:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:33:45	5:19	91	26:33	125	26:33	17.60	1:33:45	5:19	91	26:33	125	26:33
Schildwiese	18.58	1:16:52	4:08	11	9:26	17	9:26	36.18	2:50:37	4:42	33	35:41	44	35:41
Neuhaus	13.54	1:08:37	5:04	43	18:05	50	18:05	49.72	3:59:14	4:48	29	48:28	36	48:28
Masserberg	19.86	1:43:43	5:13	58	26:23	85	26:23	69.58	5:42:57	4:55	35	1:14:51	48	1:14:51
Allzunah	17.89	1:30:02	5:01	43	19:29	58	19:29	87.47	7:12:59	4:57	32	1:34:20	44	1:34:20
Grenzdler	19.96	1:22:46	4:08	13	8:58	20	12:01	107.43	8:35:45	4:48	21	1:40:27	29	1:40:27
Neue Ausspanne	13.68	1:00:52	4:26	20	13:11	20	13:11	121.11	9:36:37	4:45	22	1:48:52	29	1:48:52
Kleiner Inselsber	13.90	1:12:10	5:11	55	19:46	72	19:46	135.01	10:48:47	4:48	26	2:08:38	33	2:08:38
Hohe Sonne	18.94	1:36:42	5:06	68	28:25	96	28:25	153.95	12:25:29	4:50	25	2:27:23	34	2:27:23
Hirschel	15.02	1:23:44	5:34	100	30:43	131	30:43	168.90	13:49:13	4:54	30	2:55:58	39	2:55:58