



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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impuls-power-mix

□□□: 15:14:46

□□: 507

□□: - km/h  
□□□□: 5:25 min/km

Enduro E Bike

□□□□□: 102 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 20(of 69)

Mixstaffel

□□□□□□□: 11:51:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:28:26	5:01	15	19:28	67	21:14	17.60	1:28:26	5:01	15	19:28	233	21:14
Schildwiese	18.58	1:40:41	5:25	46	31:43	163	33:15	36.18	3:09:07	5:13	32	51:11	233	54:11
Neuhaus	13.54	1:32:19	6:49	59	31:10	218	41:47	49.72	4:41:26	5:39	41	1:07:26	233	1:30:40
Masserberg	19.86	2:03:39	6:13	51	44:50	189	46:19	69.58	6:45:05	5:49	46	1:51:56	233	2:16:59
Allzunah	17.89	1:16:27	4:16	2	2:17	8	5:54	87.47	8:01:32	5:30	27	1:53:39	233	2:22:53
Grenzadler	19.96	1:35:50	4:48	24	25:05	76	25:05	107.43	9:37:22	5:22	21	2:14:19	232	2:42:04
Neue Ausspanne	13.68	1:21:46	5:58	41	20:09	159	34:05	121.11	10:59:08	5:26	22	2:33:30	232	3:11:23
Kleiner Inselsber	13.90	1:23:37	6:00	38	28:46	165	31:13	135.01	12:22:45	5:30	24	2:54:44	232	3:42:36
Hohe Sonne	18.94	1:32:16	4:52	17	21:18	60	23:59	153.95	13:55:01	5:25	21	3:06:02	228	3:56:55
Hörschel	15.02	1:19:45	5:18	20	19:39	99	26:44	-	15:14:46	-	20	3:22:52	102	4:21:31