



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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Team DEURA Haus

□□□: 14:21:55

□□: 101

□□: 11.69 km/h

□□□□: 5:06 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 56 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 42(of 150)

Männerstaffel

□□□□□□□: 10:53:15

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Grumbach	17.60	1:48:42	6:10	142	41:30	203	41:30	17.60	1:48:42	6:10	142	41:30	203	41:30
Schildwiese	18.58	1:26:33	4:39	44	19:07	59	19:07	36.18	3:15:15	5:23	104	1:00:19	143	1:00:19
Neuhaus	13.54	1:22:15	6:04	132	31:43	176	31:43	49.72	4:37:30	5:34	118	1:26:44	158	1:26:44
Masserberg	19.86	1:51:07	5:35	90	33:47	127	33:47	69.58	6:28:37	5:35	107	2:00:31	140	2:00:31
Allzunah	17.89	1:27:28	4:53	30	16:55	40	16:55	87.47	7:56:05	5:26	78	2:17:26	102	2:17:26
Grenzdler	19.96	1:20:14	4:01	9	6:26	15	9:29	107.43	9:16:19	5:10	55	2:21:01	73	2:21:01
Neue Ausspanne	13.68	1:07:54	4:57	51	20:13	62	20:13	121.11	10:24:13	5:09	50	2:36:28	67	2:36:28
Kleiner Inselsber	13.90	1:04:56	4:40	24	12:32	32	12:32	135.01	11:29:09	5:06	44	2:49:00	57	2:49:00
Hohe Sonne	18.94	1:49:35	5:47	118	41:18	177	41:18	153.95	13:18:44	5:11	50	3:20:38	66	3:20:38
Hörschel	15.02	1:03:11	4:12	13	10:10	16	10:10	168.90	14:21:55	5:06	42	3:28:40	56	3:28:40