



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

□□□□

Dolmarhoppers

□□□: 14:42:17

□□: 237

□□: 11.42 km/h

□□□□: 5:13 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 70 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 53(of 150)

Männerstaffel

□□□□□□□: 10:53:15

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:33:29	5:18	88	26:17	121	26:17	17.60	1:33:29	5:18	88	26:17	121	26:17
Schildwiese	18.58	1:29:16	4:48	55	21:50	76	21:50	36.18	3:02:45	5:03	64	47:49	86	47:49
Neuhaus	13.54	1:13:47	5:26	77	23:15	96	23:15	49.72	4:16:32	5:09	66	1:05:46	83	1:05:46
Masserberg	19.86	1:39:33	5:00	38	22:13	61	22:13	69.58	5:56:05	5:07	49	1:27:59	65	1:27:59
Allzunah	17.89	1:34:42	5:17	63	24:09	87	24:09	87.47	7:30:47	5:09	49	1:52:08	64	1:52:08
Grenzdler	19.96	1:43:54	5:12	94	30:06	138	33:09	107.43	9:14:41	5:09	53	2:19:23	71	2:19:23
Neue Ausspanne	13.68	1:19:35	5:49	101	31:54	141	31:54	121.11	10:34:16	5:14	59	2:46:31	79	2:46:31
Kleiner Inselsber	13.90	1:15:51	5:27	78	23:27	106	23:27	135.01	11:50:07	5:15	57	3:09:58	73	3:09:58
Hohe Sonne	18.94	1:39:52	5:16	90	31:35	126	31:35	153.95	13:29:59	5:15	58	3:31:53	75	3:31:53
Hörschel	15.02	1:12:18	4:48	46	19:17	53	19:17	168.90	14:42:17	5:13	53	3:49:02	70	3:49:02