



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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Thüringer Energie AG

□□□: 14:46:48

□□: 128

□□: 11.37 km/h

□□□□: 5:15 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 73 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 56(of 150)

Männerstaffel

□□□□□□□: 10:53:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:31:08	5:10	75	23:56	99	23:56	17.60	1:31:08	5:10	75	23:56	99	23:56
Schildwiese	18.58	1:28:42	4:46	53	21:16	74	21:16	36.18	2:59:50	4:58	51	44:54	69	44:54
Neuhaus	13.54	1:16:26	5:38	96	25:54	118	25:54	49.72	4:16:16	5:09	65	1:05:30	82	1:05:30
Masserberg	19.86	1:50:33	5:33	88	33:13	123	33:13	69.58	6:06:49	5:16	69	1:38:43	88	1:38:43
Allzunah	17.89	1:31:50	5:07	51	21:17	69	21:17	87.47	7:38:39	5:14	57	2:00:00	75	2:00:00
Grenzdler	19.96	1:41:45	5:05	84	27:57	125	31:00	107.43	9:20:24	5:12	63	2:25:06	84	2:25:06
Neue Ausspanne	13.68	1:07:21	4:55	48	19:40	56	19:40	121.11	10:27:45	5:10	53	2:40:00	71	2:40:00
Kleiner Inselsber	13.90	1:11:19	5:07	52	18:55	64	18:55	135.01	11:39:04	5:10	50	2:58:55	65	2:58:55
Hohe Sonne	18.94	1:45:37	5:34	110	37:20	158	37:20	153.95	13:24:41	5:13	52	3:26:35	68	3:26:35
Hörschel	15.02	1:22:07	5:28	91	29:06	119	29:06	168.90	14:46:48	5:15	56	3:53:33	73	3:53:33