



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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OSKAR

□□: 168

□□: 168.90 km

Blankenstein-Hörschel

□□□□:

Männerstaffel

□□□: 14:49:19

□□: 11.33 km/h

□□□□: 5:16 min/km

□□□□□: 78 (of 233)

□□□□□□: 10:53:15

□□□□□: 61(of 150)

□□□□□□□: 10:53:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:36:54	5:30	106	29:42	144	29:42	17.60	1:36:54	5:30	106	29:42	144	29:42
Schildwiese	18.58	1:51:00	5:58	135	43:34	205	43:34	36.18	3:27:54	5:44	130	1:12:58	184	1:12:58
Neuhaus	13.54	1:09:54	5:09	56	19:22	65	19:22	49.72	4:37:48	5:35	119	1:27:02	160	1:27:02
Masserberg	19.86	1:40:26	5:03	44	23:06	67	23:06	69.58	6:18:14	5:26	88	1:50:08	113	1:50:08
Allzunah	17.89	1:34:23	5:16	61	23:50	85	23:50	87.47	7:52:37	5:24	75	2:13:58	97	2:13:58
Grenzdler	19.96	1:36:27	4:49	53	22:39	80	25:42	107.43	9:29:04	5:17	72	2:33:46	94	2:33:46
Neue Ausspanne	13.68	1:13:38	5:22	77	25:57	96	25:57	121.11	10:42:42	5:18	69	2:54:57	91	2:54:57
Kleiner Inselsber	13.90	1:16:39	5:30	83	24:15	111	24:15	135.01	11:59:21	5:19	70	3:19:12	91	3:19:12
Hohe Sonne	18.94	1:32:53	4:54	43	24:36	65	24:36	153.95	13:32:14	5:16	62	3:34:08	79	3:34:08
Hörschel	15.02	1:17:05	5:07	61	24:04	79	24:04	168.90	14:49:19	5:15	61	3:56:04	78	3:56:04