



# RENNSTEIGRIDE

Schmiedefeld am Rennsteig / 02.09.2017

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Ahrndt, Jörg

□□: LG Frauenwald

□□: 84

□□: 65.00 km

LOTTO Thüringen Marathon

□□□□:

Senioren 2

□□□: 3:26:18

□□: 18.90 km/h

□□□□□/□□□: 80 (of 293)

□□□□□/□: 79 (of 274)

□□□□□□: 2:29:01

□□□□□: 22(of 79)

□□□□□□□: 2:48:22

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schneekopf	19.80	1:09:31	16.40	25	13:00	90	20:07	19.80	1:09:31	16.40	25	13:00	90	20:07
Grenzdler	14.20	34:22	24.44	21	5:40	74	14:22	34.00	1:43:53	19.64	23	18:21	81	28:50
Kalte Herberge	20.00	1:13:27	16.34	22	15:00	78	22:00	54.00	2:57:20	18.27	22	33:20	80	49:22
Ziel Schmiedefel	11.00	28:58	22.78	19	4:36	65	7:55	65.00	3:26:18	18.90	22	37:56	80	1:57:01