



RENNSTEIGRIDE

Schmiedefeld am Rennsteig / 02.09.2017

□□□□

Lichan, Ralf

□□□: 3:25:20

□□: Heideblick

□□: 18.99 km/h

□□: 295

□□: 65.00 km

□□□□□/□□□: 74 (of 293)

LOTTO Thüringen Marathon

□□□□□/□: 74 (of 274)

□□□□□□: 2:29:01

□□□□:

□□□□□: 8(of 52)

Senioren 3

□□□□□□□: 2:55:35

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|------------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Schneekopf | 19.80 | 1:09:29 | 16.41 | 11 | 10:46 | 89 | 20:05 | 19.80 | 1:09:29 | 16.41 | 11 | 10:46 | 89 | 20:05 |
| Grenzadler | 14.20 | 34:05 | 24.65 | 7 | 4:02 | 66 | 14:05 | 34.00 | 1:43:34 | 19.70 | 8 | 14:48 | 79 | 28:31 |
| Kalte Herberge | 20.00 | 1:13:05 | 16.42 | 9 | 11:48 | 76 | 21:38 | 54.00 | 2:56:39 | 18.34 | 9 | 26:36 | 77 | 48:41 |
| Ziel Schmiedefel | 11.00 | 28:41 | 23.01 | 5 | 3:09 | 60 | 7:38 | 65.00 | 3:25:20 | 18.99 | 8 | 29:45 | 75 | 1:56:03 |