



RENNSTEIGRIDE

Schmiedefeld am Rennsteig / 02.09.2017

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Nowak, Steffi

□□□: 4:22:02

□□: Rostock

□□: 14.88 km/h

□□: 283

□□: 65.00 km

□□□□□/□□□: 197 (of 293)

LOTTO Thüringen Marathon

□□□□□/□: 7 (of 19)

□□□□□□: 3:26:08

□□□□:

□□□□□: 3(of 10)

Seniorinnen 2

□□□□□□□: 3:26:08

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schneekopf	19.80	1:27:54	12.97	3	18:33	7	18:33	19.80	1:27:54	12.97	3	18:33	7	18:33
Grenzadler	14.20	43:44	19.21	3	10:56	6	10:56	34.00	2:11:38	15.50	3	27:55	6	27:55
Kalte Herberge	20.00	1:32:35	12.96	3	19:22	7	35:36	54.00	3:44:13	14.45	3	47:17	7	47:17
Ziel Schmiedefel	11.00	37:49	17.45	4	8:37	8	8:37	65.00	4:22:02	14.88	3	55:54	7	55:54