



RENNSTEIGRIDE

Schmiedefeld am Rennsteig / 02.09.2017

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Zamzow, Silvio

□□□: 4:31:49

□□: Beinerstadt

□□: 14.35 km/h

□□: 319

□□: 65.00 km

□□□□□/□□□: 210 (of 293)

LOTTO Thüringen Marathon

□□□□□/□: 203 (of 274)

□□□□□□: 2:29:01

□□□□:

□□□□□: 64(of 79)

Senioren 2

□□□□□□□: 2:48:22

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schneekopf	19.80	1:23:46	13.61	59	27:15	185	34:22	19.80	1:23:46	13.61	59	27:15	185	34:22
Grenzadler	14.20	45:14	18.57	63	16:32	200	25:14	34.00	2:09:00	15.81	60	43:28	188	53:57
Kalte Herberge	20.00	1:43:42	11.57	66	45:15	209	52:15	54.00	3:52:42	13.92	64	1:28:42	203	1:44:44
Ziel Schmiedefel	11.00	39:07	16.87	63	14:45	197	18:04	65.00	4:31:49	14.35	64	1:43:27	204	3:02:32