



RENNSTEIGRIDE

Schmiedefeld am Rennsteig / 02.09.2017

□□□□

König, Heiko

□□□: 4:17:14

□□: TSV Zella-Mehlis

□□: 15.16 km/h

□□: 174

□□: 65.00 km

□□□□□/□□□: 187 (of 293)

LOTTO Thüringen Marathon

□□□□□/□: 180 (of 274)

□□□□□□: 2:29:01

□□□□:

□□□□□: 28(of 52)

Senioren 3

□□□□□□□: 2:55:35

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schneekopf	19.80	1:24:31	13.49	26	25:48	188	35:07	19.80	1:24:31	13.49	26	25:48	188	35:07
Grenzadler	14.20	42:13	19.90	24	12:10	170	22:13	34.00	2:06:44	16.10	28	37:58	185	51:41
Kalte Herberge	20.00	1:35:30	12.57	28	34:13	185	44:03	54.00	3:42:14	14.58	28	1:12:11	183	1:34:16
Ziel Schmiedefel	11.00	35:00	18.86	22	9:28	159	13:57	65.00	4:17:14	15.16	28	1:21:39	181	2:47:57