



# Smercersila STIRNU BUKS

Smecres Sils / 27.05.2017

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## Ilgvars, Āboltiņš

□□: Maratona klubs / Dobeles dzirnavnieks

□□: 6151

□□: 31.00 km

Lusis

□□□□:

VL4

□□□: 2:57:23

□□: 10.49 km/h

□□□□□/□□□: 91 (of 197)

□□□□□/□: 83 (of 147)

□□□□□□: 1:41:21

□□□□□: 4(of 8)

□□□□□□□: 2:30:31

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Sprint Start	-	31:35	-	3	3:12	63	8:22	-	31:35	-	3	3:12	63	8:22
Sprint Finish	-	3:24	-	4	0:24	86	1:24	-	34:59	-	2	3:33	63	9:21
104	-	46:02	-	3	5:28	65	13:24	-	1:21:01	-	3	9:01	62	22:30
103	-	42:42	-	3	6:39	75	16:58	-	2:03:43	-	3	15:40	70	1:04:02
105	-	15:24	-	4	2:37	85	5:36	-	2:19:07	-	3	18:17	72	1:07:37
106	-	35:22	-	5	8:02	99	13:45	-	2:54:29	-	4	26:19	81	1:15:50
Ziel	-	2:54	-	5	0:33	116	1:09	31.00	2:57:23	-	4	26:52	83	1:16:02