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## Āboliņa, Lāsma

□□: VSK Noskrien

□□: 6194

□□: 28.00 km

Lusis

□□□□:

SL3

□□□: 3:43:37

□□: 7.51 km/h

□□□□□/□□□: 286 (of 296)

□□□□□/□: 59 (of 65)

□□□□□□: 2:12:21

□□□□□: 16(of 21)

□□□□□□□: 2:29:45

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	1:11:16	-	18	21:35	57	26:07	-	1:11:16	-	18	21:35	57	26:07
102	-	32:56	-	18	10:31	56	12:49	-	1:44:12	-	18	31:04	57	38:56
103	-	14:04	-	18	4:57	61	6:07	-	1:58:16	-	18	35:42	58	45:03
104	-	37:16	-	19	12:53	61	15:44	-	2:35:32	-	18	48:35	58	1:00:47
105	-	28:57	-	18	11:27	60	13:14	-	3:04:29	-	16	1:00:00	56	1:14:01
Sprint Start	-	35:10	-	19	13:49	60	15:21	-	3:39:39	-	18	1:12:34	59	1:29:22
Sprint Finish	-	2:01	-	21	1:24	65	1:24	-	3:41:40	-	18	1:13:29	59	1:30:31
Ziel	-	1:57	-	15	0:36	50	0:45	28.00	3:43:37	-	18	1:13:52	59	1:31:16