



Stirnu Buks I
Zilie kalni / 15.04.2017

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Šulga, Ruslans

□□: Maratona klubs / Liepāja

□□: 6244

□□: 28.00 km

Lusis

□□□□:

VL2

□□□: 2:18:00

□□: 12.17 km/h

□□□□□/□□□: 54 (of 296)

□□□□□/□: 52 (of 231)

□□□□□□: 1:46:56

□□□□□: 30(of 127)

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	45:36	-	30	8:56	42	8:56	-	45:36	-	30	8:56	42	8:56
102	-	19:33	-	20	3:28	29	3:28	-	1:05:09	-	30	28:55	41	28:55
103	-	8:01	-	24	1:38	43	1:38	-	1:13:10	-	28	24:58	39	24:58
104	-	22:08	-	25	5:06	46	5:06	-	1:35:18	-	29	19:08	45	19:08
105	-	15:44	-	21	3:23	35	3:23	-	1:51:02	-	24	22:31	39	22:31
Sprint Start	-	23:51	-	66	7:26	118	7:26	-	2:14:53	-	29	29:53	50	29:53
Sprint Finish	-	1:42	-	123	1:14	222	1:14	-	2:16:35	-	30	31:04	52	31:04
Ziel	-	1:25	-	61	0:25	102	0:28	28.00	2:18:00	-	30	31:04	52	31:04