



□□□□

Niedre, Iveta

□□: MARATONA KLUBS / LSC / VSK Nokrien
□□: 6090

□□: 28.00 km
Lusis

□□□□:
SL3

□□□: 2:54:29

□□: 9.63 km/h

□□□□□/□□□: 217 (of 296)

□□□□□/□: 31 (of 65)

□□□□□□: 2:12:21

□□□□□: 11(of 21)

□□□□□□□: 2:29:45

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	58:09	-	10	8:28	26	13:00	-	58:09	-	10	8:28	26	13:00
102	-	25:23	-	10	2:58	25	5:16	-	1:23:32	-	10	10:24	25	18:16
103	-	10:08	-	9	1:01	22	2:11	-	1:33:40	-	9	11:06	24	20:27
104	-	29:54	-	11	5:31	34	8:22	-	2:03:34	-	10	16:37	26	28:49
105	-	20:37	-	11	3:07	30	4:54	-	2:24:11	-	10	19:42	25	33:43
Sprint Start	-	27:05	-	14	5:44	37	7:16	-	2:51:16	-	12	24:11	30	40:59
Sprint Finish	-	1:38	-	15	1:01	55	1:01	-	2:52:54	-	13	24:43	31	41:45
Ziel	-	1:35	-	9	0:14	21	0:23	28.00	2:54:29	-	13	24:44	31	42:08