



Stirnu Buks I
Zilie kalni / 15.04.2017

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Samcovs, Agris

□□: Nike+ Run Club Riga
□□: 6216

□□: 28.00 km
Lusis

□□□□:
VL2

□□□: 2:16:13

□□: 12.33 km/h

□□□□□/□□□: 47 (of 296)

□□□□□/□: 45 (of 231)

□□□□□□: 1:46:56

□□□□□: 26(of 127)

□□□□□□□: 1:46:56

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	45:34	-	29	8:54	41	8:54	-	45:34	-	29	8:54	41	8:54
102	-	19:33	-	20	3:28	29	3:28	-	1:05:07	-	29	28:53	40	28:53
103	-	8:05	-	27	1:42	47	1:42	-	1:13:12	-	29	25:00	40	25:00
104	-	22:51	-	35	5:49	63	5:49	-	1:36:03	-	30	19:53	47	19:53
105	-	16:33	-	31	4:12	52	4:12	-	1:52:36	-	29	24:05	48	24:05
Sprint Start	-	21:09	-	34	4:44	58	4:44	-	2:13:45	-	26	28:45	45	28:45
Sprint Finish	-	1:05	-	80	0:37	133	0:37	-	2:14:50	-	26	29:19	45	29:19
Ziel	-	1:23	-	54	0:23	87	0:26	28.00	2:16:13	-	26	29:17	45	29:17