



Stirnu Buks I
Zilie kalni / 15.04.2017

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Prauliņš, Valdis

□□: Čiekurkalna Road Runners
□□: 5158

□□: 22.00 km
Stirnu buks

□□□□:
VB3

□□□: 1:32:26

□□: 14.28 km/h

□□□□□/□□□: 76 (of 530)

□□□□□/□: 70 (of 363)

□□□□□□: 1:08:49

□□□□□: 15(of 101)

□□□□□□□: 1:14:51

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
102	-	22:18	-	14	3:59	54	5:04	-	22:18	-	14	3:59	54	5:04
103	-	8:12	-	17	1:32	75	2:07	-	30:30	-	14	5:31	56	7:11
104	-	22:27	-	17	4:09	76	6:03	-	52:57	-	14	9:31	61	13:14
105	-	16:12	-	18	3:06	79	4:08	-	1:09:09	-	15	12:37	66	17:22
Sprint Start	-	21:11	-	26	4:47	106	5:45	-	1:30:20	-	16	17:13	72	23:05
Sprint Finish	-	0:46	-	5	0:09	63	0:19	-	1:31:06	-	16	17:15	71	23:10
Ziel	-	1:20	-	33	0:25	128	0:27	22.00	1:32:26	-	15	17:35	70	23:37