



Stirnu Buks I
Zilie kalni / 15.04.2017

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Štūla-Pankoka, Irīna

□□: Liepājas Vieglatlētikas klubs
□□: 6201

□□: 28.00 km
Lusis

□□□□:
SL2

□□□: 2:31:35

□□: 11.08 km/h

□□□□□/□□□: 117 (of 296)

□□□□□/□: 8 (of 65)

□□□□□□: 2:12:21

□□□□□: 5(of 40)

□□□□□□□: 2:12:21

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	48:10	-	3	3:01	3	3:01	-	48:10	-	3	3:01	3	3:01
102	-	22:03	-	4	1:56	5	1:56	-	1:10:13	-	4	4:57	4	4:57
103	-	9:41	-	10	1:44	14	1:44	-	1:19:54	-	4	6:41	5	6:41
104	-	25:56	-	10	4:24	15	4:24	-	1:45:50	-	4	11:05	5	11:05
105	-	19:11	-	9	3:28	15	3:28	-	2:05:01	-	5	14:33	7	14:33
Sprint Start	-	23:57	-	10	4:08	14	4:08	-	2:28:58	-	5	18:41	8	18:41
Sprint Finish	-	0:47	-	2	0:05	4	0:10	-	2:29:45	-	5	18:36	8	18:36
Ziel	-	1:50	-	27	0:38	42	0:38	28.00	2:31:35	-	5	19:14	8	19:14