



Stirnu Buks I  
Zilie kalni / 15.04.2017

□□□□

Ziediņa, Inga

□□: Maratona klubs/ VSK Noskrien  
□□: 6078

□□: 28.00 km  
Lusis

□□□□:  
SL3

□□□: 2:54:55

□□: 9.60 km/h

□□□□□/□□□: 219 (of 296)

□□□□□/□: 32 (of 65)

□□□□□□: 2:12:21

□□□□□: 12(of 21)

□□□□□□□: 2:29:45

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□□□□

□□□

| □□□           | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| 101           | -        | 56:22    | -          | 8       | 6:41    | 21      | 11:13   | -         | 56:22     | -           | 8       | 6:41    | 21      | 11:13   |
| 102           | -        | 26:39    | -          | 13      | 4:14    | 37      | 6:32    | -         | 1:23:01   | -           | 9       | 9:53    | 24      | 17:45   |
| 103           | -        | 11:03    | -          | 13      | 1:56    | 40      | 3:06    | -         | 1:34:04   | -           | 10      | 11:30   | 25      | 20:51   |
| 104           | -        | 30:44    | -          | 12      | 6:21    | 39      | 9:12    | -         | 2:04:48   | -           | 11      | 17:51   | 30      | 30:03   |
| 105           | -        | 21:01    | -          | 12      | 3:31    | 32      | 5:18    | -         | 2:25:49   | -           | 12      | 21:20   | 30      | 35:21   |
| Sprint Start  | -        | 26:39    | -          | 12      | 5:18    | 33      | 6:50    | -         | 2:52:28   | -           | 14      | 25:23   | 32      | 42:11   |
| Sprint Finish | -        | 1:01     | -          | 2       | 0:24    | 12      | 0:24    | -         | 2:53:29   | -           | 14      | 25:18   | 32      | 42:20   |
| Ziel          | -        | 1:26     | -          | 3       | 0:05    | 8       | 0:14    | 28.00     | 2:54:55   | -           | 14      | 25:10   | 32      | 42:34   |