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Kravis, Kārlis

□□: Crossfit Rīdzene 2
□□: 6229

□□: 28.00 km
Lusis

□□□□:
VL2

□□□: 2:44:45

□□: 10.20 km/h

□□□□□/□□□: 182 (of 296)

□□□□□/□: 162 (of 231)

□□□□□□: 1:46:56

□□□□□: 90(of 127)

□□□□□□□: 1:46:56

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	56:39	-	88	19:59	165	19:59	-	56:39	-	88	19:59	165	19:59
102	-	25:02	-	99	8:57	174	8:57	-	1:21:41	-	93	45:27	169	45:27
103	-	9:47	-	89	3:24	159	3:24	-	1:31:28	-	94	43:16	170	43:16
104	-	26:44	-	91	9:42	155	9:42	-	1:58:12	-	95	42:02	171	42:02
105	-	20:23	-	95	8:02	168	8:02	-	2:18:35	-	94	50:04	169	50:04
Sprint Start	-	24:12	-	74	7:47	128	7:47	-	2:42:47	-	92	57:47	166	57:47
Sprint Finish	-	0:39	-	19	0:11	24	0:11	-	2:43:26	-	92	57:55	164	57:55
Ziel	-	1:19	-	44	0:19	67	0:22	28.00	2:44:45	-	90	57:49	162	57:49