



Stirnu Buks I
Zilie kalni / 15.04.2017

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Lapiņa, Laura

□□: Siguldas maratona klubs / Isostar
□□: 6251

□□: 28.00 km
Lusis

□□□□:
SL3

□□□: 2:36:27

□□: 10.74 km/h

□□□□□/□□□: 140 (of 296)

□□□□□/□: 11 (of 65)

□□□□□□: 2:12:21

□□□□□: 3(of 21)

□□□□□□□: 2:29:45

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	49:41	-	1	-	6	4:32	-	49:41	-	1	-	6	4:32
102	-	23:27	-	4	1:02	14	3:20	-	1:13:08	-	1	-	6	7:52
103	-	9:28	-	2	0:21	11	1:31	-	1:22:36	-	2	0:02	7	9:23
104	-	26:29	-	5	2:06	16	4:57	-	1:49:05	-	2	2:08	9	14:20
105	-	19:26	-	6	1:56	17	3:43	-	2:08:31	-	3	4:02	10	18:03
Sprint Start	-	24:46	-	7	3:25	20	4:57	-	2:33:17	-	3	6:12	11	23:00
Sprint Finish	-	1:28	-	10	0:51	44	0:51	-	2:34:45	-	3	6:34	11	23:36
Ziel	-	1:42	-	11	0:21	33	0:30	28.00	2:36:27	-	3	6:42	11	24:06