



Stirnu Buks I  
Zilie kalni / 15.04.2017

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Lukašenoks, Arnis

□□: SEMARAH HOTELS  
□□: 5425

□□: 22.00 km  
Stirnu buks

□□□□:  
VB2

□□□: 1:52:33

□□: 11.73 km/h

□□□□□/□□□: 286 (of 530)

□□□□□/□: 239 (of 363)

□□□□□□: 1:08:49

□□□□□: 145(of 218)

□□□□□□□: 1:08:49

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| □□□           | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□ | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-----|---------|---------|---------|---------|
| 102           | -        | 28:09    | -          | 128     | 10:55   | 214     | 10:55   | -     | 28:09   | -   | 128     | 10:55   | 214     | 10:55   |
| 103           | -        | 9:42     | -          | 137     | 3:37    | 225     | 3:37    | -     | 37:51   | -   | 130     | 14:32   | 216     | 14:32   |
| 104           | -        | 28:27    | -          | 173     | 12:03   | 281     | 12:03   | -     | 1:06:18 | -   | 147     | 26:35   | 245     | 26:35   |
| 105           | -        | 20:04    | -          | 156     | 8:00    | 263     | 8:00    | -     | 1:26:22 | -   | 150     | 34:35   | 250     | 34:35   |
| Sprint Start  | -        | 23:36    | -          | 127     | 8:08    | 200     | 8:10    | -     | 1:49:58 | -   | 143     | 42:43   | 237     | 42:43   |
| Sprint Finish | -        | 1:07     | -          | 157     | 0:40    | 238     | 0:40    | -     | 1:51:05 | -   | 143     | 43:09   | 238     | 43:09   |
| Ziel          | -        | 1:28     | -          | 115     | 0:35    | 195     | 0:35    | 22.00 | 1:52:33 | -   | 144     | 43:44   | 239     | 43:44   |