



Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

□□□□

Röhrich, Kirsten

□□: USV Jena

□□□: 1:00:40

□□□□: 14:26 min/km

□□: 4.20 km / 12 □□

□□□□:

D35 (Damen ab 35)

□□□□□: 4(of 4)

□□□□□□□: 37:35

□□: 23:05

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	5:01	4	1:25	39.4	5:01	4	1:25	39.4
2 (38)	7:00	4	4:43	206.6	12:01	4	6:08	104.3
3 (37)	5:56	4	2:26	69.5	17:57	4	8:34	91.3
4 (36)	4:30	3	1:17	39.9	22:27	4	9:51	78.2
5 (35)	6:03	3	1:21	28.7	28:30	4	11:12	64.7
6 (50)	5:32	4	1:50	49.6	34:02	4	13:02	62.1
7 (51)	2:29	4	0:56	60.2	36:31	4	13:58	61.9
8 (34)	4:04	4	1:41	70.6	40:35	4	15:39	62.8
9 (33)	2:23	4	1:03	78.8	42:58	4	16:42	63.6
10 (52)	4:26	4	1:32	52.9	47:24	4	18:14	62.5
11 (40)	7:47	4	3:03	64.4	55:11	4	21:17	62.8
12 (99)	4:44	4	1:45	58.7	59:55	4	23:02	62.5
□□	0:45	3	0:03	7.1	1:00:40	4	23:05	61.4