



Thüringen Pokal 2017 und TRL
Heyda / 09.09.2017

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Schönfeld, Ute

□□: SV TU Ilmenau

□□□: 42:48

□□□□: 12:13 min/km

□□: 3.50 km / 11 □□

□□□□:

D45 (Damen ab 45)

□□□□□: 4(of 9)

□□□□□□□: 38:22

□□: 4:26

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	□□	-	-	%	□□	-	-	%
1 (57)	8:30	8	4:12	97.7	8:30	8	4:12	97.7
2 (38)	1:44	1	-	-	10:14	8	4:00	64.2
3 (36)	5:23	3	0:11	3.5	15:37	6	3:55	33.5
4 (35)	4:39	2	0:09	3.3	20:16	5	3:05	17.9
5 (50)	5:26	8	1:36	41.7	25:42	5	4:05	18.9
6 (34)	2:17	5	0:22	19.1	27:59	5	4:08	17.3
7 (42)	3:02	3	0:05	2.8	31:01	4	4:10	15.5
8 (39)	1:22	2	0:01	1.2	32:23	4	4:09	14.7
9 (40)	4:47	3	0:04	1.4	37:10	4	4:10	12.6
10 (49)	2:29	3	0:27	22.1	39:39	4	4:23	12.4
11 (99)	2:17	9	1:00	77.9	41:56	4	4:27	11.9
□□	0:52	4	0:04	8.3	42:48	4	4:26	11.6