



Thüringen Pokal 2017 und TRL  
Heyda / 09.09.2017

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Gorecki, Jana

□□: USV Jena

□□□: 47:45

□□□□: 13:38 min/km

□□: 3.50 km / 11 □□

□□□□:

D45 (Damen ab 45)

□□□□□: 7(of 9)

□□□□□□□: 38:22

□□: 9:23

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (57)	5:43	5	1:25	33.0	5:43	5	1:25	33.0
2 (38)	1:58	5	0:14	13.5	7:41	6	1:27	23.3
3 (36)	10:36	7	5:24	103.9	18:17	7	6:35	56.3
4 (35)	6:44	8	2:14	49.6	25:01	7	7:50	45.6
5 (50)	4:44	5	0:54	23.5	29:45	7	8:08	37.6
6 (34)	2:14	3	0:19	16.5	31:59	7	8:08	34.1
7 (42)	3:26	5	0:29	16.4	35:25	8	8:34	31.9
8 (39)	1:32	7	0:11	13.6	36:57	8	8:43	30.9
9 (40)	5:22	5	0:39	13.8	42:19	7	9:19	28.2
10 (49)	2:40	6	0:38	31.2	44:59	7	9:43	27.6
11 (99)	1:50	2	0:33	42.9	46:49	7	9:20	24.9
□□	0:56	7	0:08	16.7	47:45	7	9:23	24.5