



Thüringen Pokal 2017 und TRL
Heyda / 09.09.2017

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Schindler, Erik

□□: SV Handwerk Erfurt

□□□: 1:02:02

□□□□: 14:46 min/km

□□: 4.20 km / 12 □□

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H16 (Herren bis 16)

□□□□□: 3(of 4)

□□□□□□: 32:29

□□: 29:33

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	□□	-	-	%	□□	-	-	%
1 (31)	4:05	3	1:23	51.2	4:05	3	1:23	51.2
2 (38)	6:41	3	5:04	313.4	10:46	3	6:27	149.4
3 (37)	3:41	2	0:39	21.4	14:27	3	7:06	96.6
4 (36)	3:44	3	0:21	10.3	18:11	3	7:24	68.6
5 (35)	9:48	3	6:29	195.5	27:59	3	13:53	98.5
6 (50)	4:27	2	1:51	71.2	32:26	3	15:44	94.2
7 (51)	3:05	3	2:01	189.1	35:31	3	17:45	99.9
8 (34)	3:42	3	1:54	105.6	39:13	3	19:39	100.4
9 (33)	2:13	3	1:20	150.9	41:26	3	20:59	102.6
10 (52)	5:32	3	2:53	108.8	46:58	3	21:30	84.4
11 (40)	9:22	3	5:08	121.3	56:20	3	26:38	89.7
12 (99)	4:59	3	2:42	118.3	1:01:19	3	29:20	91.7
□□	0:43	3	0:14	48.3	1:02:02	3	29:33	91.0