



# Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

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Medyukhina, Anna

□□: USV Jena

□□□: 1:08:25

□□□□: 10:41 min/km

□□: 6.40 km / 17 □□

□□□□:

H19 (H 21)

□□□□□: 9(of 10)

□□□□□□□: 44:11

□□: 24:14

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (54)	5:02	10	2:37	108.3	5:02	10	2:37	108.3
2 (53)	5:41	9	1:42	42.7	10:43	10	4:07	62.4
3 (39)	2:47	10	1:29	114.1	13:30	10	5:36	70.9
4 (42)	1:40	10	0:55	122.2	15:10	10	6:31	75.3
5 (33)	3:03	10	1:07	57.8	18:13	10	7:33	70.8
6 (48)	2:24	8	0:54	60.0	20:37	10	8:19	67.6
7 (56)	6:45	10	3:07	85.8	27:22	10	11:26	71.8
8 (31)	6:07	8	1:17	26.6	33:29	9	12:04	56.3
9 (38)	3:14	10	1:38	102.1	36:43	9	13:42	59.5
10 (37)	4:05	10	1:25	53.1	40:48	9	15:07	58.9
11 (36)	3:53	10	1:35	68.8	44:41	9	16:42	59.7
12 (35)	5:54	10	3:01	104.6	50:35	9	19:34	63.1
13 (50)	4:12	10	1:37	62.6	54:47	10	21:11	63.1
14 (52)	3:30	6	1:11	51.1	58:17	9	21:24	58.0
15 (32)	1:37	9	0:38	64.4	59:54	9	21:52	57.5
16 (55)	4:33	7	1:15	37.9	1:04:27	9	22:39	54.2
17 (99)	3:09	10	1:19	71.8	1:07:36	9	23:58	54.9
□□	0:49	10	0:21	75.0	1:08:25	9	24:14	54.9