



Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

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Gorecki, Johannes

□□: USV Jena

□□□: 54:09

□□□□: 8:27 min/km

□□: 6.40 km / 17 □□

□□□□:

H19 (H 21)

□□□□□: 6(of 10)

□□□□□□: 44:11

□□: 9:58

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (54)	3:39	7	1:14	51.0	3:39	7	1:14	51.0
2 (53)	4:45	4	0:46	19.3	8:24	5	1:48	27.3
3 (39)	1:45	6	0:27	34.6	10:09	5	2:15	28.5
4 (42)	1:00	4	0:15	33.3	11:09	5	2:30	28.9
5 (33)	2:37	5	0:41	35.3	13:46	5	3:06	29.1
6 (48)	2:08	6	0:38	42.2	15:54	5	3:36	29.3
7 (56)	5:00	5	1:22	37.6	20:54	6	4:58	31.2
8 (31)	5:48	5	0:58	20.0	26:42	6	5:17	24.7
9 (38)	2:05	4	0:29	30.2	28:47	6	5:46	25.1
10 (37)	3:15	5	0:35	21.9	32:02	6	6:21	24.7
11 (36)	2:56	6	0:38	27.5	34:58	6	6:59	25.0
12 (35)	4:22	6	1:29	51.5	39:20	6	8:19	26.8
13 (50)	3:02	3	0:27	17.4	42:22	6	8:46	26.1
14 (52)	4:04	10	1:45	75.5	46:26	6	9:33	25.9
15 (32)	1:17	3	0:18	30.5	47:43	6	9:41	25.5
16 (55)	3:24	2	0:06	3.0	51:07	6	9:19	22.3
17 (99)	2:28	6	0:38	34.6	53:35	6	9:57	22.8
□□	0:34	4	0:06	21.4	54:09	6	9:58	22.6