



Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

□□□□

Müller, Paul

□□: USV Jena

□□□: 1:09:19

□□□□: 10:49 min/km

□□: 6.40 km / 17 □□

□□□□:

H19 (H 21)

□□□□□: 10(of 10)

□□□□□□: 44:11

□□: 25:08

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (54)	3:58	8	1:33	64.1	3:58	8	1:33	64.1
2 (53)	6:27	10	2:28	61.9	10:25	9	3:49	57.8
3 (39)	2:07	9	0:49	62.8	12:32	9	4:38	58.7
4 (42)	1:12	8	0:27	60.0	13:44	9	5:05	58.8
5 (33)	2:39	6	0:43	37.1	16:23	9	5:43	53.6
6 (48)	2:10	7	0:40	44.4	18:33	9	6:15	50.8
7 (56)	6:07	9	2:29	68.4	24:40	9	8:44	54.8
8 (31)	11:15	10	6:25	132.8	35:55	10	14:30	67.7
9 (38)	2:45	9	1:09	71.9	38:40	10	15:39	68.0
10 (37)	3:35	8	0:55	34.4	42:15	10	16:34	64.5
11 (36)	3:47	9	1:29	64.5	46:02	10	18:03	64.5
12 (35)	4:39	7	1:46	61.3	50:41	10	19:40	63.4
13 (50)	3:59	9	1:24	54.2	54:40	9	21:04	62.7
14 (52)	3:50	8	1:31	65.5	58:30	10	21:37	58.6
15 (32)	1:45	10	0:46	78.0	1:00:15	10	22:13	58.4
16 (55)	5:31	10	2:13	67.2	1:05:46	10	23:58	57.3
17 (99)	2:55	9	1:05	59.1	1:08:41	10	25:03	57.4
□□	0:38	6	0:10	35.7	1:09:19	10	25:08	56.9