



# Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

□□□□

Elsner, Danny

□□: SV TU Ilmenau

□□□: 50:29

□□□□: 7:53 min/km

□□: 6.40 km / 17 □□

□□□□:

H19 (H 21)

□□□□□: 3(of 10)

□□□□□□: 44:11

□□: 6:18

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (54)	3:16	3	0:51	35.2	3:16	3	0:51	35.2
2 (53)	4:53	5	0:54	22.6	8:09	4	1:33	23.5
3 (39)	1:30	3	0:12	15.4	9:39	4	1:45	22.2
4 (42)	1:00	4	0:15	33.3	10:39	4	2:00	23.1
5 (33)	2:14	3	0:18	15.5	12:53	4	2:13	20.8
6 (48)	1:37	2	0:07	7.8	14:30	4	2:12	17.9
7 (56)	4:50	4	1:12	33.0	19:20	4	3:24	21.3
8 (31)	5:37	4	0:47	16.2	24:57	4	3:32	16.5
9 (38)	2:07	5	0:31	32.3	27:04	4	4:03	17.6
10 (37)	2:54	3	0:14	8.8	29:58	4	4:17	16.7
11 (36)	2:37	4	0:19	13.8	32:35	4	4:36	16.4
12 (35)	4:14	5	1:21	46.8	36:49	3	5:48	18.7
13 (50)	3:07	4	0:32	20.7	39:56	3	6:20	18.9
14 (52)	2:32	2	0:13	9.4	42:28	3	5:35	15.1
15 (32)	0:59	1	-	-	43:27	3	5:25	14.2
16 (55)	3:57	6	0:39	19.7	47:24	3	5:36	13.4
17 (99)	2:34	7	0:44	40.0	49:58	3	6:20	14.5
□□	0:31	2	0:03	10.7	50:29	3	6:18	14.3