



# Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

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Schletzke, Paul

□□: SV Handwerk Erfurt

□□□: 52:08

□□□□: 8:08 min/km

□□: 6.40 km / 17 □□

□□□□:

H19 (H 21)

□□□□□: 5(of 10)

□□□□□□□: 44:11

□□: 7:57

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (54)	4:03	9	1:38	67.6	4:03	9	1:38	67.6
2 (53)	4:53	5	0:54	22.6	8:56	8	2:20	35.4
3 (39)	1:40	5	0:22	28.2	10:36	7	2:42	34.2
4 (42)	1:07	7	0:22	48.9	11:43	8	3:04	35.5
5 (33)	2:41	7	0:45	38.8	14:24	7	3:44	35.0
6 (48)	1:55	5	0:25	27.8	16:19	6	4:01	32.7
7 (56)	4:21	2	0:43	19.7	20:40	5	4:44	29.7
8 (31)	5:08	2	0:18	6.2	25:48	5	4:23	20.5
9 (38)	2:35	8	0:59	61.5	28:23	5	5:22	23.3
10 (37)	3:12	4	0:32	20.0	31:35	5	5:54	23.0
11 (36)	2:58	7	0:40	29.0	34:33	5	6:34	23.5
12 (35)	3:35	3	0:42	24.3	38:08	5	7:07	22.9
13 (50)	3:12	5	0:37	23.9	41:20	5	7:44	23.0
14 (52)	2:51	3	0:32	23.0	44:11	5	7:18	19.8
15 (32)	1:30	5	0:31	52.5	45:41	5	7:39	20.1
16 (55)	3:41	4	0:23	11.6	49:22	5	7:34	18.1
17 (99)	2:02	3	0:12	10.9	51:24	5	7:46	17.8
□□	0:44	8	0:16	57.1	52:08	5	7:57	18.0