



Thüringen Pokal 2017 und TRL
Heyda / 09.09.2017

□□□□

Heinert, Mike

□□: OLV Weimar

□□□: 1:08:53

□□□□: 10:45 min/km

□□: 6.40 km / 17 □□

□□□□:

H35 (Herren ab 35)

□□□□□: 4(of 6)

□□□□□□: 47:34

□□: 25:15

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	□□	-	-	%	□□	-	-	%
1 (54)	4:00	4	1:29	58.9	4:00	4	1:29	58.9
2 (53)	6:08	6	2:29	68.0	10:08	5	3:58	64.3
3 (39)	2:20	5	1:03	81.8	12:28	5	5:01	67.3
4 (42)	1:31	4	0:36	65.5	13:59	5	5:37	67.1
5 (33)	3:01	5	1:09	61.6	17:00	5	6:46	66.1
6 (48)	2:21	5	0:51	56.7	19:21	5	7:37	64.9
7 (56)	6:34	5	2:29	60.8	25:55	5	10:06	63.9
8 (31)	7:40	5	3:02	65.5	33:35	5	13:01	63.3
9 (38)	2:40	5	0:43	36.8	36:15	5	13:24	58.6
10 (37)	4:26	6	1:41	61.2	40:41	5	14:55	57.9
11 (36)	3:52	5	1:45	82.7	44:33	5	16:40	59.8
12 (35)	5:40	6	2:18	68.3	50:13	5	18:58	60.7
13 (50)	4:08	5	1:35	62.1	54:21	5	20:33	60.8
14 (52)	4:00	6	1:36	66.7	58:21	5	22:09	61.2
15 (32)	1:34	5	0:30	46.9	59:55	5	22:30	60.1
16 (55)	5:21	5	2:18	75.4	1:05:16	5	24:10	58.8
17 (99)	2:52	4	1:02	56.4	1:08:08	5	25:12	58.7
□□	0:45	4	0:09	25.0	1:08:53	5	25:15	57.9