



# Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

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**Böhringer, Michael**

□□: USV Jena

□□□: 56:36

□□□□: 13:28 min/km

□□: 4.20 km / 12 □□

□□□□:

H45 (Herren ab 45)

□□□□□: 9(of 10)

□□□□□□□: 31:13

□□: 25:23

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	5:03	9	2:06	71.2	5:03	9	2:06	71.2
2 (38)	4:49	9	2:55	153.5	9:52	9	4:49	95.4
3 (37)	4:07	8	1:21	48.8	13:59	9	6:06	77.4
4 (36)	7:55	10	5:31	229.9	21:54	9	11:37	113.0
5 (35)	5:15	6	1:49	52.9	27:09	9	13:25	97.7
6 (50)	5:59	10	3:01	101.7	33:08	9	16:04	94.1
7 (51)	2:22	7	1:10	97.2	35:30	9	17:11	93.8
8 (34)	3:56	9	2:05	112.6	39:26	9	19:16	95.5
9 (33)	1:54	9	1:01	115.1	41:20	9	20:17	96.4
10 (52)	4:11	8	1:53	81.9	45:31	9	22:00	93.6
11 (40)	6:34	7	2:10	49.2	52:05	9	24:05	86.0
12 (99)	3:41	7	1:05	41.7	55:46	9	25:10	82.2
□□	0:50	7	0:16	47.1	56:36	9	25:23	81.3