



Thüringen Pokal 2017 und TRL
Heyda / 09.09.2017

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Göhring, Klaus

□□: SV Handwerk Erfurt

□□□: 37:38

□□□□: 10:45 min/km

□□: 3.50 km / 11 □□

□□□□:

H55 (Herren ab 55)

□□□□□: 5(of 8)

□□□□□□□: 31:00

□□: 6:38

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (57)	4:35	6	1:36	53.6	4:35	6	1:36	53.6
2 (38)	2:04	7	0:46	59.0	6:39	7	2:13	50.0
3 (36)	5:23	4	1:08	26.7	12:02	5	3:18	37.8
4 (35)	5:22	6	1:24	35.3	17:24	5	4:42	37.0
5 (50)	3:42	5	0:31	16.2	21:06	5	5:06	31.9
6 (34)	2:02	5	0:15	14.0	23:08	5	4:57	27.2
7 (42)	3:13	5	0:26	15.6	26:21	6	5:11	24.5
8 (39)	1:32	6	0:31	50.8	27:53	6	5:34	24.9
9 (40)	4:29	2	0:56	26.3	32:22	4	5:28	20.3
10 (49)	2:40	6	0:46	40.4	35:02	5	6:04	20.9
11 (99)	1:38	5	0:39	66.1	36:40	5	6:13	20.4
□□	0:58	7	0:25	75.8	37:38	5	6:38	21.4