



Thüringen Pokal 2017 und TRL  
Heyda / 09.09.2017

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Tröße, Lutz

□□: SV TU Ilmenau

□□□: 33:54

□□□□: 9:41 min/km

□□: 3.50 km / 11 □□

□□□□:

H55 (Herren ab 55)

□□□□□: 3(of 8)

□□□□□□□: 31:00

□□: 2:54

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	□□	-	-	%	□□	-	-	%
1 (57)	3:11	2	0:12	6.7	3:11	2	0:12	6.7
2 (38)	1:18	1	-	-	4:29	2	0:03	1.1
3 (36)	4:15	1	-	-	8:44	1	-	-
4 (35)	3:58	1	-	-	12:42	1	-	-
5 (50)	3:18	2	0:07	3.7	16:00	1	-	-
6 (34)	2:11	6	0:24	22.4	18:11	1	-	-
7 (42)	2:59	3	0:12	7.2	21:10	1	-	-
8 (39)	1:09	3	0:08	13.1	22:19	1	-	-
9 (40)	8:04	8	4:31	127.2	30:23	3	3:29	13.0
10 (49)	1:54	1	-	-	32:17	3	3:19	11.5
11 (99)	0:59	1	-	-	33:16	3	2:49	9.3
□□	0:38	2	0:05	15.2	33:54	3	2:54	9.4