



Kaden, Matthias

[]: 259

□□: 100.20 km
100 Kilometer

Senioren M55 (55-59 Jahre)

□□□: 15:55:57

□□: 6.28 km/h

□□□: 9:32 min/km

_____: 220 (of 254)

____/_: 189 (of 211)

[][][]: 8:41:59

□□□□: 32(of 36)

	km		min/km	-	-			km		min/km	-	-		
Glasbachwiese	27.00	3:11:50	7:06	12	45:06	93	46:27	27.00	3:11:50	7:06	12	45:06	93	46:27
Floh-Seligenthal	49.00	7:37:03	9:19	31	2:30:33	177	3:21:59	76.00	10:48:53	8:32	26	3:01:35	160	4:08:26
Fröttstätt	24.20	5:07:04	12:41	33	2:47:58	195	3:05:32	100.20	15:55:57	9:32	32	5:49:33	189	7:13:58