



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Rathmann, Resi

□□: SV Schmalkalden 04

□□□: 34:01

□□□□: 8:57 min/km

□□: 3.80 km / 17 □□ / 95 Hm

□□□□:

Damen 21

□□□□□: 2(of 4)

□□□□□□□: 30:43

□□: 3:18

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	□□	-	-	%	□□	-	-	%
1 (204)	2:49	1	-	-	2:49	1	-	-
2 (42)	2:19	3	0:30	27.5	5:08	2	0:22	7.7
3 (69)	4:12	3	2:00	90.9	9:20	3	2:22	34.0
4 (49)	1:37	1	-	-	10:57	3	2:18	26.6
5 (51)	2:04	1	-	-	13:01	3	2:18	21.5
6 (55)	2:35	1	-	-	15:36	2	2:06	15.6
7 (56)	0:54	1	-	-	16:30	2	1:49	12.4
8 (59)	1:21	1	-	-	17:51	2	1:37	10.0
9 (53)	1:05	2	0:04	6.6	18:56	2	1:41	9.8
10 (50)	0:48	1	-	-	19:44	2	0:45	4.0
11 (47)	3:13	2	0:15	8.4	22:57	2	1:00	4.6
12 (46)	4:00	4	2:44	215.8	26:57	2	3:12	13.5
13 (65)	2:09	1	-	-	29:06	2	3:06	11.9
14 (45)	1:16	2	0:03	4.1	30:22	2	3:09	11.6
15 (43)	1:21	1	-	-	31:43	2	3:05	10.8
16 (36)	1:09	2	0:06	9.5	32:52	2	3:11	10.7
17 (200)	0:47	2	0:09	23.7	33:39	2	3:20	11.0
□□	0:22	1	-	-	34:01	2	3:18	10.7