



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Bergmann, Lucca

□□: OSC Kassel

□□□: 36:15

□□□□: 9:32 min/km

□□: 3.80 km / 17 □□ / 95 Hm

□□□□:

Damen 21

□□□□□: 3(of 4)

□□□□□□□: 30:43

□□: 5:32

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (204)	3:44	3	0:55	32.5	3:44	3	0:55	32.5
2 (42)	2:05	2	0:16	14.7	5:49	3	1:03	22.0
3 (69)	2:31	2	0:19	14.4	8:20	2	1:22	19.6
4 (49)	1:50	3	0:13	13.4	10:10	2	1:31	17.5
5 (51)	2:49	3	0:45	36.3	12:59	2	2:16	21.2
6 (55)	3:57	3	1:22	52.9	16:56	3	3:26	25.4
7 (56)	1:50	4	0:56	103.7	18:46	3	4:05	27.8
8 (59)	1:35	3	0:14	17.3	20:21	3	4:07	25.4
9 (53)	1:11	3	0:10	16.4	21:32	3	4:17	24.8
10 (50)	1:28	2	0:40	83.3	23:00	3	4:01	21.2
11 (47)	3:48	3	0:50	28.1	26:48	3	4:51	22.1
12 (46)	1:16	1	-	-	28:04	3	4:19	18.2
13 (65)	2:15	2	0:06	4.7	30:19	3	4:19	16.6
14 (45)	1:50	3	0:37	50.7	32:09	3	4:56	18.1
15 (43)	1:35	3	0:14	17.3	33:44	3	5:06	17.8
16 (36)	1:15	3	0:12	19.1	34:59	3	5:18	17.9
17 (200)	0:50	3	0:12	31.6	35:49	3	5:30	18.1
□□	0:26	3	0:04	18.2	36:15	3	5:32	18.0