



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke  
Erfurt / 18.03.2017

□□□□

Röhrich, Kirsten

□□: USV Jena

□□□: 34:42

□□□□: 11:34 min/km

□□: 3.00 km / 13 □□ / 50 Hm

□□□□:

Damen 45

□□□□□: 2(of 8)

□□□□□□□: 32:34

□□: 2:08

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| □□       | □□<br>□□ | □□<br>- | □□<br>- | □□<br>% | □□□<br>□□ | □□<br>- | □□<br>- | □□<br>% |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (64)   | 3:07     | 6       | 0:29    | 18.4    | 3:07      | 6       | 0:29    | 18.4    |
| 2 (45)   | 3:38     | 3       | 0:14    | 6.9     | 6:45      | 4       | 0:29    | 7.7     |
| 3 (65)   | 2:04     | 1       | -       | -       | 8:49      | 2       | 0:29    | 5.8     |
| 4 (61)   | 5:54     | 4       | 2:03    | 53.3    | 14:43     | 3       | 1:54    | 14.8    |
| 5 (58)   | 2:52     | 6       | 0:26    | 17.8    | 17:35     | 3       | 0:29    | 2.8     |
| 6 (49)   | 1:13     | 4       | 0:11    | 17.7    | 18:48     | 3       | 0:21    | 1.9     |
| 7 (69)   | 2:47     | 4       | 0:19    | 12.8    | 21:35     | 3       | 0:40    | 3.2     |
| 8 (42)   | 2:31     | 5       | 0:30    | 24.8    | 24:06     | 3       | 0:46    | 3.3     |
| 9 (204)  | 2:36     | 6       | 0:28    | 21.9    | 26:42     | 3       | 1:14    | 4.8     |
| 10 (41)  | 1:29     | 2       | 0:08    | 9.9     | 28:11     | 2       | 1:07    | 4.1     |
| 11 (38)  | 2:50     | 2       | 0:17    | 11.1    | 31:01     | 2       | 0:55    | 3.1     |
| 12 (60)  | 1:17     | 4       | 0:16    | 26.2    | 32:18     | 2       | 1:10    | 3.8     |
| 13 (200) | 1:44     | 7       | 0:49    | 89.1    | 34:02     | 2       | 1:59    | 6.2     |
| □□       | 0:40     | 6       | 0:10    | 33.3    | 34:42     | 2       | 2:08    | 6.6     |