



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke
Erfurt / 18.03.2017

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Schönfeld, Ute

□□: SV TU Ilmenau

□□□: 35:43

□□□□: 11:54 min/km

□□: 3.00 km / 13 □□ / 50 Hm

□□□□:

Damen 45

□□□□□: 3(of 8)

□□□□□□□: 32:34

□□: 3:09

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (64)	2:43	3	0:05	3.2	2:43	3	0:05	3.2
2 (45)	3:48	6	0:24	11.8	6:31	3	0:15	4.0
3 (65)	5:15	8	3:11	154.0	11:46	7	3:26	41.2
4 (61)	4:28	2	0:37	16.0	16:14	6	3:25	26.7
5 (58)	4:03	7	1:37	66.4	20:17	7	3:11	18.6
6 (49)	1:13	4	0:11	17.7	21:30	7	3:03	16.5
7 (69)	2:42	2	0:14	9.5	24:12	5	3:17	15.7
8 (42)	2:01	1	-	-	26:13	4	2:53	12.4
9 (204)	2:20	2	0:12	9.4	28:33	4	3:05	12.1
10 (41)	1:34	4	0:13	16.1	30:07	4	3:03	11.3
11 (38)	2:33	1	-	-	32:40	3	2:34	8.5
12 (60)	1:07	3	0:06	9.8	33:47	3	2:39	8.5
13 (200)	1:26	5	0:31	56.4	35:13	3	3:10	9.9
□□	0:30	1	-	-	35:43	3	3:09	9.7