



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Muchina, Anshelika

□□: USV Jena

□□□: 40:40

□□□□: 13:33 min/km

□□: 3.00 km / 13 □□ / 50 Hm

□□□□:

Damen 45

□□□□□: 8(of 8)

□□□□□□□: 32:34

□□: 8:06

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (64)	2:40	2	0:02	1.3	2:40	2	0:02	1.3
2 (45)	6:46	8	3:22	99.0	9:26	7	3:10	50.5
3 (65)	2:14	5	0:10	8.1	11:40	6	3:20	40.0
4 (61)	7:13	8	3:22	87.5	18:53	8	6:04	47.3
5 (58)	2:34	2	0:08	5.5	21:27	8	4:21	25.4
6 (49)	1:11	3	0:09	14.5	22:38	8	4:11	22.7
7 (69)	4:37	7	2:09	87.2	27:15	8	6:20	30.3
8 (42)	2:39	7	0:38	31.4	29:54	8	6:34	28.1
9 (204)	2:32	4	0:24	18.8	32:26	8	6:58	27.4
10 (41)	1:31	3	0:10	12.4	33:57	8	6:53	25.4
11 (38)	3:25	5	0:52	34.0	37:22	8	7:16	24.1
12 (60)	1:01	1	-	-	38:23	8	7:15	23.3
13 (200)	1:39	6	0:44	80.0	40:02	8	7:59	24.9
□□	0:38	5	0:08	26.7	40:40	8	8:06	24.9