



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Volland, Christina

□□: OLV Weimar

□□□: 44:08

□□□□: 21:00 min/km

□□: 2.10 km / 11 □□ / 40 Hm

□□□□:

Damen 55

□□□□□: 4(of 4)

□□□□□□: 23:39

□□: 20:29

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (41)	6:06	4	2:44	81.2	6:06	4	2:44	81.2
2 (204)	2:46	4	0:33	24.8	8:52	4	3:09	55.1
3 (42)	3:20	3	0:38	23.5	12:12	4	3:47	45.0
4 (37)	1:52	4	0:46	69.7	14:04	4	4:33	47.8
5 (69)	1:57	4	0:31	36.1	16:01	4	5:04	46.3
6 (47)	3:30	4	2:01	136.0	19:31	4	6:51	54.1
7 (46)	3:11	3	0:55	40.4	22:42	4	7:03	45.1
8 (67)	12:23	4	10:08	450.4	35:05	4	16:59	93.8
9 (38)	4:43	4	2:01	74.7	39:48	4	19:00	91.4
10 (36)	1:53	4	0:53	88.3	41:41	4	19:48	90.5
11 (200)	1:48	3	0:37	52.1	43:29	4	20:25	88.5
□□	0:39	3	0:07	21.9	44:08	4	20:29	86.6