



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke  
Erfurt / 18.03.2017

□□□□

Dittmann, Martin

□□: Handwerk Erfurt

□□□: 51:55

□□□□: 14:01 min/km

□□: 3.70 km / 16 □□ / 90 Hm

□□□□:

Herren 16

□□□□□: 2(of 2)

□□□□□□□: 33:48

□□: 18:07

□□□□

| □□       | □□<br>□□ | □□<br>- | □□<br>- | □□<br>% | □□□<br>□□ | □□<br>- | □□<br>- | □□<br>% |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (43)   | 3:25     | 2       | 0:26    | 14.5    | 3:25      | 2       | 0:26    | 14.5    |
| 2 (67)   | 2:33     | 2       | 0:47    | 44.3    | 5:58      | 2       | 1:13    | 25.6    |
| 3 (61)   | 4:35     | 2       | 1:35    | 52.8    | 10:33     | 2       | 2:48    | 36.1    |
| 4 (51)   | 5:53     | 2       | 1:00    | 20.5    | 16:26     | 2       | 3:48    | 30.1    |
| 5 (55)   | 6:50     | 2       | 3:41    | 116.9   | 23:16     | 2       | 7:29    | 47.4    |
| 6 (56)   | 3:15     | 2       | 2:17    | 236.2   | 26:31     | 2       | 9:46    | 58.3    |
| 7 (59)   | 4:26     | 2       | 2:08    | 92.8    | 30:57     | 2       | 11:54   | 62.5    |
| 8 (53)   | 1:41     | 2       | 0:28    | 38.4    | 32:38     | 2       | 12:22   | 61.0    |
| 9 (50)   | 2:12     | 2       | 1:29    | 207.0   | 34:50     | 2       | 13:51   | 66.0    |
| 10 (48)  | 3:06     | 2       | 0:21    | 12.7    | 37:56     | 2       | 14:12   | 59.8    |
| 11 (69)  | 3:33     | 2       | 1:23    | 63.9    | 41:29     | 2       | 15:35   | 60.2    |
| 12 (37)  | 2:12     | 2       | 0:57    | 76.0    | 43:41     | 2       | 16:32   | 60.9    |
| 13 (42)  | 0:51     | 2       | 0:01    | 2.0     | 44:32     | 2       | 16:33   | 59.1    |
| 14 (204) | 2:32     | 2       | 0:41    | 36.9    | 47:04     | 2       | 17:14   | 57.8    |
| 15 (41)  | 2:02     | 2       | 0:22    | 22.0    | 49:06     | 2       | 17:36   | 55.9    |
| 16 (200) | 2:25     | 2       | 0:32    | 28.3    | 51:31     | 2       | 18:08   | 54.3    |
| □□       | 0:24     | 1       | -       | -       | 51:55     | 2       | 18:07   | 53.6    |