



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Muchina, Julius

□□: USV Jena

□□□: 55:36

□□□□: 14:37 min/km

□□: 3.80 km / 17 □□ / 95 Hm

□□□□:

Herren 18

□□□□□: 3(of 3)

□□□□□□□: 33:16

□□: 22:20

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (204)	3:41	2	0:26	13.3	3:41	2	0:26	13.3
2 (42)	3:03	3	0:46	33.6	6:44	3	0:56	16.1
3 (69)	3:11	2	1:05	51.6	9:55	3	2:01	25.5
4 (49)	2:13	2	0:07	5.6	12:08	2	2:08	21.3
5 (51)	2:08	2	0:08	6.7	14:16	2	2:16	18.9
6 (55)	4:28	2	1:37	56.7	18:44	2	3:53	26.2
7 (56)	5:18	3	4:23	478.2	24:02	3	8:16	52.4
8 (59)	1:41	2	0:08	8.6	25:43	3	8:24	48.5
9 (53)	6:41	3	5:43	591.4	32:24	3	14:07	77.2
10 (50)	1:50	3	0:56	103.7	34:14	3	15:03	78.5
11 (47)	4:11	3	0:40	19.0	38:25	3	15:14	65.7
12 (46)	2:19	2	0:50	56.2	40:44	3	16:04	65.1
13 (65)	7:25	3	5:02	211.2	48:09	3	21:06	78.0
14 (45)	1:42	1	-	-	49:51	3	20:24	69.3
15 (43)	1:52	3	0:25	28.7	51:43	3	20:49	67.4
16 (36)	2:32	3	1:15	97.4	54:15	3	22:04	68.6
17 (200)	0:55	2	0:09	19.6	55:10	3	22:13	67.4
□□	0:26	2	0:07	36.8	55:36	3	22:20	67.1