



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

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Elsner, Danny

□□: SV TU Ilmenau

□□□: 43:04

□□□□: 8:16 min/km

□□: 5.20 km / 24 □□ / 100 Hm

□□□□:

Herren 21

□□□□□: 4(of 7)

□□□□□□: 32:03

□□: 11:01

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (70)	2:45	5	1:27	111.5	2:45	5	1:27	111.5
2 (43)	1:55	6	0:48	71.6	4:40	5	2:15	93.1
3 (67)	1:18	2	0:05	6.9	5:58	5	2:20	64.2
4 (65)	1:10	4	0:08	12.9	7:08	4	2:27	52.3
5 (46)	2:37	3	0:32	25.6	9:45	4	2:59	44.1
6 (69)	1:22	3	0:13	18.8	11:07	4	3:12	40.4
7 (48)	1:43	4	0:26	33.8	12:50	4	3:38	39.5
8 (51)	3:08	5	1:04	51.6	15:58	4	4:40	41.3
9 (54)	1:06	1	-	-	17:04	4	4:17	33.5
10 (55)	1:30	5	0:24	36.4	18:34	4	4:41	33.7
11 (59)	2:58	6	1:14	71.2	21:32	4	5:55	37.9
12 (63)	1:42	3	0:14	15.9	23:14	4	6:09	36.0
13 (57)	1:55	5	0:24	26.4	25:09	4	6:33	35.2
14 (56)	1:52	6	0:30	36.6	27:01	4	7:02	35.2
15 (53)	0:56	2	0:06	12.0	27:57	4	7:08	34.3
16 (205)	1:54	3	0:10	9.6	29:51	4	7:09	31.5
17 (47)	2:09	3	0:26	25.2	32:00	4	7:35	31.1
18 (61)	0:47	5	0:18	62.1	32:47	4	7:53	31.7
19 (37)	1:26	4	0:15	21.1	34:13	4	8:08	31.2
20 (42)	0:35	2	0:03	9.4	34:48	4	8:11	30.8
21 (204)	1:56	5	0:33	39.8	36:44	4	8:44	31.2
22 (41)	1:06	5	0:13	24.5	37:50	4	8:57	31.0
23 (64)	2:34	5	0:49	46.7	40:24	4	9:46	31.9
24 (200)	2:11	7	1:05	98.5	42:35	4	10:51	34.2
□□	0:29	5	0:10	52.6	43:04	4	11:01	34.4