



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Storandt, Christian

□□: SV Schmalkalden 04

□□□: 57:28

□□□□: 11:03 min/km

□□: 5.20 km / 24 □□ / 100 Hm

□□□□:

Herren 21

□□□□□: 7(of 7)

□□□□□□□: 32:03

□□: 25:25

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (70)	2:47	6	1:29	114.1	2:47	6	1:29	114.1
2 (43)	1:53	5	0:46	68.7	4:40	5	2:15	93.1
3 (67)	3:03	7	1:50	150.7	7:43	6	4:05	112.4
4 (65)	2:34	7	1:32	148.4	10:17	6	5:36	119.6
5 (46)	4:07	7	2:02	97.6	14:24	6	7:38	112.8
6 (69)	2:00	6	0:51	73.9	16:24	6	8:29	107.2
7 (48)	2:22	6	1:05	84.4	18:46	6	9:34	104.0
8 (51)	3:31	6	1:27	70.2	22:17	7	10:59	97.2
9 (54)	1:22	3	0:16	24.2	23:39	7	10:52	85.0
10 (55)	1:45	6	0:39	59.1	25:24	6	11:31	83.0
11 (59)	3:38	7	1:54	109.6	29:02	6	13:25	85.9
12 (63)	2:52	7	1:24	95.5	31:54	7	14:49	86.7
13 (57)	2:33	7	1:02	68.1	34:27	7	15:51	85.2
14 (56)	1:57	7	0:35	42.7	36:24	7	16:25	82.2
15 (53)	1:10	5	0:20	40.0	37:34	7	16:45	80.5
16 (205)	2:42	6	0:58	55.8	40:16	7	17:34	77.4
17 (47)	2:47	6	1:04	62.1	43:03	7	18:38	76.3
18 (61)	1:04	7	0:35	120.7	44:07	7	19:13	77.2
19 (37)	2:40	7	1:29	125.4	46:47	7	20:42	79.4
20 (42)	0:50	7	0:18	56.3	47:37	7	21:00	78.9
21 (204)	2:25	7	1:02	74.7	50:02	7	22:02	78.7
22 (41)	1:49	6	0:56	105.7	51:51	7	22:58	79.5
23 (64)	3:24	7	1:39	94.3	55:15	7	24:37	80.4
24 (200)	1:41	6	0:35	53.0	56:56	7	25:12	79.4
□□	0:32	7	0:13	68.4	57:28	7	25:25	79.3