



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Tröße, Harald

□□: SV TU Ilmenau

□□□: 55:13

□□□□: 14:31 min/km

□□: 3.80 km / 17 □□ / 95 Hm

□□□□:

Herren 35

□□□□□: 3(of 5)

□□□□□□□: 35:24

□□: 25:19

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (204)	4:42	4	1:29	46.1	4:42	4	1:29	46.1
2 (42)	3:21	5	1:18	63.4	8:03	4	2:42	50.5
3 (69)	3:07	5	1:28	88.9	11:10	4	4:02	56.5
4 (49)	3:28	4	1:42	96.2	14:38	4	5:44	64.4
5 (51)	5:16	4	3:21	174.8	19:54	4	9:03	83.4
6 (55)	4:33	5	2:04	83.2	24:27	4	11:05	82.9
7 (56)	1:19	4	0:27	51.9	25:46	4	11:25	79.6
8 (59)	2:05	5	0:43	52.4	27:51	4	11:50	73.9
9 (53)	2:48	5	1:51	194.7	30:39	4	13:05	74.5
10 (50)	1:33	4	0:45	93.8	32:12	4	13:39	73.6
11 (47)	6:45	5	3:55	138.2	38:57	4	17:34	82.2
12 (46)	2:24	5	1:22	132.3	41:21	4	18:44	82.8
13 (65)	3:42	5	1:42	85.0	45:03	4	20:26	83.0
14 (45)	2:41	5	1:28	120.6	47:44	4	21:52	84.5
15 (43)	3:18	5	1:51	127.6	51:02	4	23:24	84.7
16 (36)	2:11	5	1:05	98.5	53:13	4	24:29	85.2
17 (200)	1:34	5	0:48	104.4	54:47	4	25:12	85.2
□□	0:26	3	0:07	36.8	55:13	4	25:19	84.7