



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Hoppe, Mirko

□□: USV Jena

□□□: 34:04

□□□□: 9:12 min/km

□□: 3.70 km / 16 □□ / 90 Hm

□□□□:

Herren 45

□□□□□: 4(of 9)

□□□□□□: 29:46

□□: 4:18

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (43)	3:29	6	0:42	25.2	3:29	6	0:42	25.2
2 (67)	1:52	6	0:13	13.1	5:21	5	0:55	20.7
3 (61)	3:16	5	0:45	29.8	8:37	5	1:27	20.2
4 (51)	3:50	3	0:14	6.5	12:27	5	1:26	13.0
5 (55)	3:36	6	0:52	31.7	16:03	5	2:07	15.2
6 (56)	1:01	4	0:12	24.5	17:04	5	1:52	12.3
7 (59)	1:35	3	0:10	11.8	18:39	5	1:43	10.1
8 (53)	1:06	4	0:06	10.0	19:45	5	1:39	9.1
9 (50)	1:30	6	0:39	76.5	21:15	5	2:10	11.4
10 (48)	2:57	4	0:51	40.5	24:12	5	3:01	14.2
11 (69)	2:19	5	0:45	47.9	26:31	4	3:36	15.7
12 (37)	1:12	4	0:15	26.3	27:43	4	3:51	16.1
13 (42)	0:44	3	0:05	12.8	28:27	4	3:51	15.7
14 (204)	1:44	2	0:04	4.0	30:11	4	3:55	14.9
15 (41)	1:20	3	0:05	6.7	31:31	4	3:41	13.2
16 (200)	2:10	6	0:36	38.3	33:41	4	4:17	14.6
□□	0:23	2	0:01	4.6	34:04	4	4:18	14.5