



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke
Erfurt / 18.03.2017

□□□□

SCHWANITZ, Jürgen

□□: OLA TSV Deggendorf

□□□: 40:35

□□□□: 12:17 min/km

□□: 3.30 km / 15 □□ / 90 Hm

□□□□:
Herren 55

□□□□□: 7(of 10)

□□□□□□: 28:56

□□: 11:39

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	□□	-	-	%	□□	-	-	%
1 (39)	1:51	1	-	-	1:51	1	-	-
2 (38)	1:22	8	0:28	51.9	3:13	2	0:15	8.4
3 (67)	3:41	9	1:26	63.7	6:54	7	1:34	29.4
4 (61)	6:57	10	4:25	174.3	13:51	9	5:59	76.1
5 (49)	2:33	7	0:39	34.2	16:24	9	6:37	67.6
6 (205)	1:57	7	0:39	50.0	18:21	8	7:16	65.6
7 (44)	3:06	7	1:20	75.5	21:27	8	7:09	50.0
8 (52)	2:30	10	1:06	78.6	23:57	8	8:09	51.6
9 (54)	1:15	6	0:25	50.0	25:12	7	7:35	43.1
10 (51)	1:31	4	0:19	26.4	26:43	7	7:37	39.9
11 (46)	6:02	8	2:07	54.0	32:45	7	9:44	42.3
12 (42)	2:42	8	1:03	63.6	35:27	8	10:47	43.7
13 (38)	1:48	7	0:27	33.3	37:15	8	10:39	40.0
14 (60)	1:39	7	0:41	70.7	38:54	8	11:09	40.2
15 (200)	1:07	7	0:21	45.7	40:01	7	11:30	40.3
□□	0:34	7	0:09	36.0	40:35	7	11:39	40.3