



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Börner, Wolfgang

□□: SG Ditterdorf

□□□: 47:20

□□□□: 14:20 min/km

□□: 3.30 km / 15 □□ / 90 Hm

□□□□:
Herren 55

□□□□□: 8(of 10)

□□□□□□: 28:56

□□: 18:24

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (39)	3:12	8	1:21	73.0	3:12	8	1:21	73.0
2 (38)	1:31	9	0:37	68.5	4:43	9	1:45	59.0
3 (67)	4:02	10	1:47	79.3	8:45	9	3:25	64.1
4 (61)	3:52	5	1:20	52.6	12:37	8	4:45	60.4
5 (49)	3:21	9	1:27	76.3	15:58	8	6:11	63.2
6 (205)	2:43	10	1:25	109.0	18:41	9	7:36	68.6
7 (44)	3:37	9	1:51	104.7	22:18	9	8:00	55.9
8 (52)	2:10	8	0:46	54.8	24:28	9	8:40	54.9
9 (54)	1:52	7	1:02	124.0	26:20	9	8:43	49.5
10 (51)	5:09	10	3:57	329.2	31:29	10	12:23	64.8
11 (46)	7:06	9	3:11	81.3	38:35	10	15:34	67.6
12 (42)	3:06	9	1:27	87.9	41:41	10	17:01	69.0
13 (38)	2:12	9	0:51	63.0	43:53	9	17:17	65.0
14 (60)	1:41	9	0:43	74.1	45:34	9	17:49	64.2
15 (200)	1:12	8	0:26	56.5	46:46	8	18:15	64.0
□□	0:34	7	0:09	36.0	47:20	8	18:24	63.6